

## Promintee Primary School

An Léann - An Grá - An Spraoi

29th March 2021

Ár glanna scoile dílse

Dear school families

HOLY WEEK ACTIVITIES - show someone you care

We have applied to 'Food for Life' for a soup vegetable pack for each of our families. We want you to make some soup together as a family and deliver it to someone older in the community or grandparents (or keep it for yourselves if you'd prefer!)

There is a recipe on the school website, or you can choose your own.

Please send pictures of your soup making activities for our school website and we will share them with the Soil Association.

Ready, Steady, Grow!

Enya from Mulkerns Eurospar visited the school today and gave a sample of a grow pack (containing pot, soil, sunflower seeds and scallion seeds). There is a free pack for each family and it can be collected from Eurospar in Jonesborough. There will be a gardening tutorial on their facebook page later in the week.

We want our pupils to enjoy these days in the run up to the Easter holidays. With some good weather on the way, it is a great time to explore our beautiful townlands.

Beannachtaí